

Undergraduate Courses offered by Centre of Buddhist Studies

BSTC2002 Life and Buddhism

(6 Credits)

(The course is open to students from all faculties as a free elective)

Course No.: BSTC2002

Lecturer: Professor Guang Xing

Email: guangxin@hku.hk

Office: C0405, Jockey Club Tower

Time for lecture: Tuesday 4:30 pm to 6:20 pm

Venue: Rayson Huang Theatre [Except Sept 26 (Tue) Meng Wah T1 and Nov 21 (Tue) Library Extension (LE1)]

Course Description:

This course guides students to explore the thought, values and practices of Buddhism through a detailed analysis and examination of its fundamentals of philosophical theories and principles. Buddhist teachings entirely focus on the analysis of human life and offer a unique way to solve life's problems and achieve happiness. Just as the Buddha said, he taught one thing: suffering and its cessation. In this course, the basic Buddhist teachings of dependent arising, the relationship of mind and body, human behaviours and their consequences, the human condition and its causes, the concept of happiness, etc. will be investigated on the basis of the earliest Buddhist literatures namely the Pali Nikayas and Chinese Agamas. Assessment: 100% coursework.

Objectives:

Even without any prior knowledge of Buddhism, students will be benefited from learning the fundamental theories and practices of Buddhism. Students are expected to obtain a basic understanding of Buddhist philosophy of life, values and attitudes towards life and the Buddhist ways to achieve happiness in life.

Assessments:

Students are required to read the relevant papers before coming to the lecture so that they can participate in our lively discussion. The final examination is based on one essay, one presentation and lecture participation.

- (1) 60 % short essay with 2,500-3,000 words (excluding bibliography, deadline for submission is midnight 3rd December)
- (2) 25 % group presentation
- (3) 15 % class participation

PLEASE submit your essay **through email**.

Course Learning Outcome:

Students will:

1. Describe and explain the role of morality and wisdom in the Buddhist way of life, (Assessment 1,

- 2, 3)
2. Use the relevant information to critically reflect how to live a meaningful and better life, (Assessment 1, 2, 3)
3. Apply the knowledge and understanding to critically examine the problems in life, (Assessment 1, 2, 3)
4. Demonstrate an awareness of the impact of one's behavior to others and the society one live in. (Assessment 1, 2, 3).

Criteria for marking essay:

1. Good and correct understanding of the Buddhist teachings given in the lectures,
2. Clear, logical and rational presentation and discussion of your ideas and thoughts,
3. Show that you have read at least five relevant papers in your essay either in your footnotes or endnotes and list them at the end. These five papers can be found from the reading list below or from the reference list at the end of each lecture or from Moodle. Internet sources may not be acceptable as most of them are not academic. So please visit the **recommended internet websites** in our reading list below for materials and academic papers.

Before you send me your final essay, you need to send it to turnitin for plagiarism check. Then you attach the one page result showing similarities at the end of your essay.

Here is the Faculty Grade Expectations.

http://arts.hku.hk/BAprogramme/2012/assessment/A92_311_amended_2014.pdf

Course Outline (tentative):

Lecture 01 (Sep. 5)

Topic: The Buddhist attitude toward life

Discussion Topics: Buddhist attitude towards life

Reading: Chapters 1 in Rahula's *What the Buddha Taught*.

Lecture 02 (Sep. 12)

Topic: The historical Buddha: a personality analysis

Discussion Topics: The Buddha's life

Reading: Chapter 1: "The Buddha: The Story of the Awakened One" in Gethin's *The Foundations of Buddhism*. Chapter 2 "Buddha" in *Introducing Buddhism*. Piyadassi Thera's *The Buddha: His Life and Teaching*.

Lecture 03 (Sep. 19)

Topic: Buddhist analysis of Human life:

Discussion Topics: five aggregates, four nutriments, three characteristics of individual existence.

Reading: Chapter 3 "Dharma" in *Introducing Buddhism*. Nyanaponika Thera, *The Three Basic Facts of Existence: I. Impermanence (Anicca)* Collected essays. *The Wheel* Publication No. 186/187.

Lecture 04 (Sep. 26) **Meng Wah TI**

Topic: Life without a permanent soul: Buddhist teaching of non-self

Discussion Topics: theory of dependent origination, non-soul theory.

Reading: Chapter 6 “No Self: Personal Continuity and Dependent Arising” in Gethin’s *The Foundations of Buddhism*. Wijesekera, *The Three Signata: Anicca, Dukkha, Anatta*. Rahula’s *What the Buddha Taught*: chapters 3.

Lecture 05 (Oct. 3)

Topic: Buddhist analysis of human behaviours and their consequences:

Discussion Topics: karma and rebirth

Reading: *Introducing Buddhism*, chapter 1: Karma and cosmology. Nyanaponika, *Kamma and its Fruit: Selected Essays*. Chapter 5 “The Buddhist Cosmo The Trice Thousand World” in Gethin’s *The Foundations of Buddhism*.

Lecture 06 (Oct. 10)

Topic: Buddhist analysis of human predicament

Discussion Topics: twelve factors of dependent origination,

Reading: Karunadasa, Y. “The problem of suffering: The Buddhist diagnosis of the Human predicament”. Chapter I: “The Human Condition” in *In the Buddha’s Words*. Chapter 3 “Four Truths: The Disease, the Cause, the Cure and the Medicine” in Gethin’s *The Foundations of Buddhism*.

Reading Week Oct. 16 – 21

Lecture 07 (Oct. 24)

Topic: Buddhist concepts of happiness:

Discussion Topics: *nirvana* -- nibbana parama sukha

Reading: Lily De Silva, *Nibbana As Living Experience*. Wheel No. 407/408, Buddhist Publication Society, 1996. Chapter IV: “The Happiness Visible in This Present Life” in *In the Buddha’s Words*,. Chapter 3 “Four Truths: The Disease, the Cause, the Cure and the Medicine” in Gethin’s *The Foundations of Buddhism*.

Lecture 08 (Oct. 31)

Topic: Buddhist ways to achieve happiness: (I)

Discussion Topics: the noble eightfold path

Reading: Bodhi, *The Noble Eightfold Path, The Way to the End of Suffering*. Chapter 7: “The Buddhist Path” in Gethin’s *The Foundations of Buddhism*.

Lecture 09 (Nov. 7)

Topic: Buddhist ways to achieve happiness: (II)

Discussion Topics: Buddhist meditation.

Reading: Nyanaponika, *The Power of Mindfulness*. Chapter 7: “The Buddhist Path” in Gethin’s *The Foundations of Buddhism*.

Lecture 10 (Nov. 14) twelve

Topic: Buddhist moral teaching,

Discussion Topics: criteria for judging good and bad,

Reading: Peter Harvey, "Criteria for Judging the Unwholesomeness of Actions in the Texts of Theravāda Buddhism." *Journal of Buddhist Ethics*, Volume 2 1995.

Lecture 11 (Nov. 21) (Tue) **Library Extension (LE1)**

Topic: Buddhist Values,

Discussion Topics: Five Precepts, Four Sublime State of Mind.

Reading: Thanissaro Bhikkhu. *The Healing Power of the Precepts*.

<http://www.accesstoinsight.org/lib/authors/thanissaro/precepts.html>

Nyanaponika Thera. *The Four Sublime States: Contemplations on Love, Compassion, Sympathetic Joy and Equanimity*. The Wheel Publication No. 6. Sri Lanka: Buddhist Publication Society 1993.

<http://www.accesstoinsight.org/lib/authors/nyanaponika/wheel006.html>

Lecture 12 (Nov. 28)

Topic: Buddhist attitude to death:

Discussion Topics: Death, abortion and organ donation.

Reading: Gunaratna, *Buddhist Reflections on Death*. The Wheel Publication No. 102/103, 1982
Buddhist Publication Society.

Group Presentation

Rules about Group Presentation (Group Project)

1. A group should consist of **FIVE to TEN** students working together as a team for a single project on a chosen topic. The group should consult the tutor for presentation topic if necessary.
2. Each member has **THREE minutes** for presentation, and the members can have role play and speak interchangeably, or just speak for three minutes and finish. The group should decide what to do, NOT the individual member.
3. Time will be counted on group basis NOT on the basis of individual members. So if one member speaks more than three minutes than another member will have less than three minutes to present his or her ideas. Therefore, in order to be fair, group members should not excel their assigned time.
4. There will be a time keeper who will ring the bell three times towards the end of the group presentation. The first ring (one ring only) is when three minutes are left and the second (two rings) is when one minute is left and the last ring (three or more rings) is at the end.

In accessing the presentation, we will look into your (1) cooperation as a team, (2) time management, (3) presentation skills, (4) correct understanding of the lectures.

Suggested Essay topics

1. Discuss how this course has changed or improved your life. (Reflective Essay about the course)

2. Discuss Buddhist attitude towards life?
3. Discuss the Buddha as a teacher in light of his personality.
4. What is the Buddhist analysis of human life?
5. Discuss the moral responsibility in light of the concept of no-soul or *Anatta*.
6. No soul or *Anatta* is a characteristic of Buddhism as a religion. Discuss.
7. Is the Buddhist concept of karma a determinism?
8. Is Buddhist concept of karma an eye for an eye and a tooth for a tooth?
9. "Buddhism is pessimistic." Discuss in the light of Buddhist Teaching of suffering.
10. Why Buddhism starts with *Dukkha* or suffering? Discuss.
11. Discuss the Buddhist concept of Happiness.
12. "Buddhism teaches annihilation." Discuss in the light of Buddhist concept of *Nirvana*.
13. Why the noble eightfold path is described as transcending the two extremes of austerities and sensual indulgence?
14. Discuss the Buddhist concept of Nirvana.
15. Discuss the Buddhist way of life in light of the noble eightfold path.
16. How the Buddhist meditation related to a better life?
17. Discuss the importance of mindfulness in our life.
18. Discuss the Buddhist attitude towards death. (Please do not include attitude towards physical body and funeral ceremony)
19. Discuss the importance of five precepts in our life.
20. Buddhism is rational. Discuss.
21. Is Buddhism a religion or a philosophy? Discuss.

You may choose your own essay topics provided it relates to our course. Please write a title page with the following information: (1) the course title, (2) topic of the essay, (3) your name and dates, (4) your email address. Please use Essay Format to write your essay and use Chicago Citation Style which can be found in Moodle.

Required Reading

- Bodhi, Bhikkhu. 2005. *In the Buddha's Words: An Anthology of Discourses from the Pali Canon*. Boston: Wisdom Publication. [294.3823 I351 B66](#)
- Bloomfield, Paul. 2014. *The Virtues of Happiness: A Theory of the Good Life*. New York: Oxford University Press 2014. Check holdings at AV & Reserve 2 hour [170 B655 v81](#)
- Gethin, R. 1998. ***The Foundations of Buddhism***, New York: Oxford University Press. [294.3 G394f](#) Ebook available.
- Guang Xing, 2005. "Filial Piety in Early Buddhism" in *Journal of Buddhist Ethics*, Volume 12, 82-106. <http://blogs.dickinson.edu/buddhistethics/2010/04/27/filial-piety-in-early-buddhism/>
- Karunadasa, Y. 2014. ***Early Buddhist Teachings: The Middle Position in Theory and Practice***. Hong Kong: Centre of Buddhist Studies of the University of Hong Kong. Can be purchased from the Centre of Buddhist Studies.
- Laumakis, Stephen J. 2008. *Introduction to Buddhist Philosophy*. England: Cambridge University Press. [181.043 L375 i61](#)
- Prebish, Charles S. and Damien Keown, ed. 2006. *Introducing Buddhism*. New York; London: Routledge. [LB 294.3 P922 i61](#) The book is available from HKU Bookstore for purchase.

Rahula, W. 1978. **What the Buddha Taught**. London: the Gordon Fraser Gallery Ltd. Find it from <http://www.quangduc.com/English/basic/68whatbuddhataught.html>

Emmanuel, Steven M. (editor) 2013. *A Companion to Buddhist Philosophy*. Wiley online library. **Ebook library**. Access through HKU library electronic resources. Good Book with many issues introduced and discussed.

Further Reading

- Abe, Masao. "The Meaning of Life in Buddhism." In *The Meaning of Life in the World Religions*. Edited by Joseph Runzo and Nancy M. Martin. Oxford: Oneworld Publications, 2000. [201 M48](#)
- Anderson, Carol S. *Pain and its ending: the four noble truths in the Theravada Buddhist canon*. Surrey, England: Curzon, c1999. [294.391 A54](#)
- Becker, Carl B. 1990. "Buddhist Views of Suicide and Euthanasia." *Philosophy East and West*, V. 40 No. 4 (October), pp. 543-555. <http://ccbs.ntu.edu.tw/FULLTEXT/JR-PHIL/becker.htm>
- Bodhi, Bhikkhu. 1994. *The Noble Eightfold Path, The Way to the End of Suffering*. First edition 1984 published as Wheel Publication No. 308/311, Second edition (revised) Buddhist Publication Society. <http://www.accesstoinsight.org/lib/authors/bodhi/waytoend.html>
- Bodhi, Bhikkhu (ed.) "Dana The Practice of Giving." Selected essays published by Buddhist Publication Society 1990. The Wheel Publication No. 367/369. <http://www.accesstoinsight.org/lib/authors/various/wheel367.html>
- Bodhi, Bhikkhu. *Transcendental Dependent Arising: A Translation and Exposition of the Upanisa Sutta*. The Wheel Publication No. 277/278 Kandy: Buddhist Publication Society, 1980. <http://www.bps.lk/olib/wh/wh277.pdf>
- Buddharakkhita. *Metta: The Philosophy and Practice of Universal Love*. The Wheel Publication No. 365/366, Sri Lanka: Buddhist Publication Society 1989. <http://www.accesstoinsight.org/lib/authors/buddharakkhita/wheel365.html>
- Conze, Edward. *The Way of Wisdom, The Five Spiritual Faculties*. The Wheel Publication No. 65/66, Buddhist Publication Society, 1980. http://www.bps.lk/wheels_library/wh_065_066.html
- Dockett, Kathleen H. G., Rita Dudley-Grant, C. Peter Bankart, (ed.) *Psychology and Buddhism: from individual to global community*. New York: Kluwer Academic/Plenum Publishers, c2003. [294.3375 P97 D63](#)
- Fausböll, V. *The Sutta-Nipâta*. Vol. X of *The Sacred Books of the East*. Oxford: the Clarendon Press, 1881. <http://www.sacred-texts.com/bud/sbe10/index.htm>
- Govinda, Lama Anagarika, *The Psychological Attitude of Early Buddhist Philosophy and Its Systematic Representation According to Abhidhamma Tradition*. London: Rider & Company, 1961. [294.30109 G7](#)
- Gunaratna, V.F. *Buddhist Reflections on Death*. The Wheel Publication No. 102/103, 1982 Buddhist Publication Society. http://www.bps.lk/wheels_library/wh_102_103.html
- Guruge, Ananda W. P. "Humanistic Elements in Early Buddhism and the "Theravaada Tradition"" *Hsi Lai Journal of Humanistic Buddhism*, V. 1 (2000), pp. 85-122. <http://ccbs.ntu.edu.tw/FULLTEXT/JR-JHB/jhb94216.htm>
- Hamilton, Sue. 2000. *Early Buddhism: a new approach: the I of the beholder*. Richmond, Surrey: Curzon. [294.34209 H221](#)
- Harvey, Peter. *An Introduction to Buddhist Ethics*. Second Edition. Cambridge: Cambridge

- University Press, 2013.
- Harvey, Peter, "Criteria for Judging the Unwholesomeness of Actions in the Texts of Theravaada Buddhism." *Journal of Buddhist Ethics*, Volume 2 1995.
<http://www.buddhistethics.org/2/harvey.html>
- Horner, I. B. *The Early Buddhist Theory of Man Perfected*. India: Oriental Books Reprint Corporation, 1979. Originally London: Routledge & Kegan Paul Ltd, 1936. [293.3422 H8](#)
- Kalupahana, David J. *Causality: the central philosophy of Buddhism*. Honolulu: University Press of Hawaii, 1975. [122 K14](#)
- Kalupahana, David J. *Buddhist philosophy: a historical analysis*. Honolulu: University Press of Hawaii, c1976. [294.342 K14](#) Ebook also available
- Kalupahana, David J. *The Principles of Buddhist Psychology*. Albany, N.Y.: State University of New York Press, 1987. [150.882943 K1](#) Ebook also available
- Kalupahana, David J. *Ethics in Early Buddhism*. Honolulu: University of Hawaii Press, c1995. [294.35 K14](#) Ebook also available
- Kalupahana, David J. *A History of Buddhist Philosophy: Continuities and Discontinuities*. Honolulu: University of Hawaii Press, c1992. [181.043 K14](#) Ebook also available
- Karunadasa, "The Buddhist Doctrine of Non-Self, and the Problem of the Over-Self", *Middle Way* (Volume 69:2 p. 107) August 1994. <http://www.andrew-may.com/zendynamics/nonsel.htm>
- Karunadasa, Y. "The Buddhist Critique of Sassatavada and Uchedavada: The Key to a proper Understanding of the Origin and the Doctrines of early Buddhism." *The Middle Way*, U.K., vol 74 & 75, 1999-2000. <http://www.budsas.org/ebud/ebdha263.htm>
- Karunadasa, Y. "The problem of suffering: The Buddhist diagnosis of the Human predicament". *The Middle Way*, The Buddhist Society U.K.
- Khantipalo Bhikkhu, "The Wheel of Birth and Death." *The Wheel Publication* No. 147/148/149, Sri Lanka: Buddhist Publication Society, 1970.
<http://www.accesstoinsight.org/lib/authors/khantipalo/wheel147.html>
- Katz, Nathan, *Buddhist Images Of Human Perfection: The Arahant Of The Sutta Pitaka Compared With The Bodhisattva And The Mahāsiddha*. Delhi: Motilal Banarsidass Publishers, 1989.
[294.3422 K19](#)
- Keown, Damien. *The Nature of Buddhist Ethics*. Houndmills, Basingstoke, Hampshire: Palgrave, 2001, c1992. [294.35 K3](#)
- Keown, Damien. *Buddhism and Bioethics*. London: Macmillan, 1995.
- Keown, Damien, Charles S. Prebish and Wayne R. Husted., (ed.) *Buddhism and human rights*. Richmond, Surrey: Curzon, 1998. Main L [342.0852 B9](#) Law L [KC200 B9](#)
- Keown, Damien. (ed.) *Contemporary Buddhist ethics*. Richmond, Surrey: Curzon, c2000. [294.35 C76](#) [BJ1289 .C66 2000](#)
- Lau Joe, **Critical Thinking**: <http://philosophy.hku.hk/think/> Very good resources for teaching and learning.
- Levine, Marvin, *The Positive Psychology of Buddhism and Yoga: Paths to a Mature Happiness: With a Special Application to Handling Anger*. Mahwah, N.J. : Lawrence Erlbaum Publishers, 2000.
[294.3019 L665 p](#) New York : Routledge, c2009. [294.3019 L66 P](#)
- Lily De Silva, *One Foot in the World, Buddhist Approaches to Present-day Problems*. The Wheel Publication No. 337/338, Buddhist Publication Society, 1986.

- http://www.bps.lk/wheels_library/wh_337_338.htm
- Lily De Silva, *Nibbana As Living Experience*. Wheel No. 407/408, Buddhist Publication Society, 1996. http://www.bps.lk/wheels_library/wh_407_408.html
- Lopez, Donald S. (edited) *Critical Terms for the Study of Buddhism*. Chicago and London: The University of Chicago Press, 2005. [294.307 C9](#)
- Mitchell, Donald W. *Buddhism: Introducing the Buddhist Experience*. Oxford: Oxford University Press, 2007.
- Müller, F. Max. *The Dhammapada*. Vol. X of *The Sacred Books of the East*. Oxford: the Clarendon Press, 1881. <http://www.sacred-texts.com/bud/sbe10/index.htm>
- Ñanamoli Thera, *The Three Basic Facts of Existence: III. Egolessness (Anatta)* *The Wheel* Publication No. 202/203/204, Kandy: Buddhist Publication Society, 1984. http://www.bps.lk/wheels_library/wh_202_204.html
- Ñanamoli Thera edited. *The Buddhas Words on Kamma: Four Discourses of the Buddha from the Majjhima Nikaya*. *The Wheel* Publication No. 248/249, Kandy: [Buddhist Publication Society](#), 1993. <http://www.accesstoinsight.org/lib/authors/nanamoli/wheel248.html>
- Nyanaponika Thera, *The Three Basic Facts of Existence: I. Impermanence (Anicca)*. *The Wheel* Publication No. 186/187, Kandy: Buddhist Publication Society, 1981. <http://www.accesstoinsight.org/lib/authors/various/wheel186.html>
- Nyanaponika, Thera, *The Power of Mindfulness: An Inquiry into the Scope of Bare Attention and the Principal Sources of its Strength*. *The Wheel* Publication No. 121/122, Buddhist Publication Society, 1986. <http://www.accesstoinsight.org/lib/authors/nyanaponika/wheel121.html>
- Nyanaponika Thera, “The Four Sublime States: Contemplations on Love, Compassion, Sympathetic Joy and Equanimity.” *The Wheel* Publication No. 6, Buddhist Publication Society, 1993.
- Nyanaponika Thera, *Kamma and its Fruit*, Selected Essays. *The Wheel* No. 413, Sri Lanka: Buddhist Publication Society, 2003. <http://www.accesstoinsight.org/lib/authors/nyanaponika/kammafruit.html>
- Nyanaponika Thera, *The Four Nutriments of Life*. *The Wheel* Publication No. 105, Kandy: [Buddhist Publication Society](#), 1981. <http://www.accesstoinsight.org/lib/authors/nyanaponika/wheel105.html>
- Nyanaponika Thera, *The Three Basic Facts of Existence: I. Impermanence (Anicca)* Collected essays. *The Wheel* Publication No. 186/187 Kandy: [Buddhist Publication Society](#), 1981. <http://www.accesstoinsight.org/lib/authors/various/wheel186.html>
- Padmasiri, De Silva, 2014. *An introduction to Buddhist psychology and Counselling Pathways of Mindfulness-based Therapies*. New York: Palgrave Macmillan. **EBook**
- Padmasiri, De Silva, 2002. *Buddhism, Ethics and Society: the conflicts and dilemmas of our times*. Clayton, Vic.: Monash Asia Institute, Monash University Press. [294.35 D2](#)
- Padmasiri, De Silva, 1998. *Environmental philosophy and ethics in Buddhism*. New York: St. Martin's Press. [294.3378362 D278 e](#)
- Padmasiri, De Silva, 1996. “Suicide and Emotional Ambivalence: An Early Buddhist Perspective,” in Frank J. Hoffman and Deegalle Mahinda edited *Pali Buddhism*. London: Curzon Press, 117-132.
- Payutto, Phra Prayudh, *Buddhadhamma: Natural Laws and Values for Life*. Albany: State University of New York Press, 1995.
- Pietz, William. “Person”, in Donald S. Lopez edited *Critical Terms for the Study of Buddhism*.

- Chicago and London: The University of Chicago Press, 2005, 188-210.
- Piyadassi, Thera, *The Buddha's Ancient Path* from <http://www.buddhastation.org/english/buddha%20ancient%20path.html>
- Piyadassi, Thera, *The Buddha: His Life and Teaching*. Wheel No.05, Sri Lanka: Buddhist Publication Society, 1982. http://www.bps.lk/wheels_library/wh_005.html
- Piyadassi, Thera, *Dependent Origination*. Wheel No. 15, Kandy, Sri Lanka, Buddhist Publication Society, First Edition, 1959; Second Printing, 1998. http://www.bps.lk/wheels_library/wh_015.html
- Segall, Seth Robert., (ed) *Encountering Buddhism: Western psychology and Buddhist teachings*. Albany: State University of New York Press, 2003. [\[electronic resource\]](#)
- Smith, F. Harold. 2008. *The Buddhist way of life: its philosophy and history*. London : Routledge. [294.3 S647](#)
- Sri Dhammanada, K. *What Buddhist Believe*. http://www.buddhanet.net/pdf_file/whatbelieve.pdf For PDF format <http://www.sinc.sunysb.edu/Clubs/buddhism/dhammananda/main.htm> for web version.
- Stone, Jacqueline, "Death" in Donald S. Lopez edited *Critical Terms for the Study of Buddhism*. Chicago and London: The University of Chicago Press, 2005, 56-76.
- Thanissaro Bhikkhu. *The Healing Power of the Precepts*. <http://www.accesstoinsight.org/lib/authors/thanissaro/precepts.html>
- Ward, C.H.S. 1998. *Early Buddhism: doctrine and discipline*. Delhi: Caxton Publications. [294.3409 W2](#)
- Watts, Alan. 2006. *Eastern wisdom, modern life: collected talks, 1960-1969*. Novato, Calif.: New World Library: Distributed by Publishers Group West, c2006. [294.3 W34](#)
- Wijesekera, O. H. de A. *The Three Signata: Anicca, Dukkha, Anatta*. Wheel No. 20, Kandy, Buddhist Publication Society, 1982. http://www.bps.lk/wheels_library/wh_020.html

Reference and Internet Resources

1) Dictionaries

Digital Dictionary of Buddhism, eds., Charles Muller. Free. This is an internet based dictionary similar to *Dictionary of Chinese Buddhist Terms*, by Soothill and Hodous, but has much more entries. If you know the Chinese Buddhist technical terms, but do not know how to translate it into English, please visit Muller's DDB website address: <http://www.acmuller.net/ddb/> Users can access the search function with the user ID of "guest" (case-sensitive, no quotes), leaving the password area blank allowing 20 searches in a 24 hour period. To search Sanskrit and other terms containing diacritics, type in the term in simple ascii.

A Dictionary of Chinese Buddhist Terms. Edited by William Edward Soothill and Lewis Hodous. You can download for free from <http://www.hm.tyg.jp/~acmuller/soothill/>

The Soka Gakkai Dictionary of Buddhism. Free online checkup. <http://www.sgilibrary.org/dict.html> This is the online version of *The Soka Gakkai Dictionary of Buddhism* that was published in 2002. There are more than 2700 entries, including cross references. The dictionary does not aim to cover the

entire Buddhist lexicon. Rather, it is meant as a guide for readers of Nichiren' works.

A Dictionary Buddhism, eds., Damien Keown. This *Dictionary* needs subscription, so *use it through HKU Electronic Recourses*.

Buddhist Dictionary: Manual of Buddhist Terms and Doctrines, edited by Nyanatiloka. Free. You can either download it from http://www.palikanon.com/english/wtb/dic_idx.html

Oxford Reference Online Premium. This reference contains many encyclopaedia and dictionaries for all kinds of studies. It is good for beginners of Buddhism to look for basic information. This *Dictionary* needs subscription, so *use it through HKU Electronic Recourses*.

Pali-English Dictionary edited by T W Rhys Davids and William Stede. Free. This is the Pali Text Society's edition. You can check online at <http://dsal.uchicago.edu/dictionaries/pali/>

Dictionary of Pali Proper Names edited by G P Malalasekera (1899-1973). It is a dictionary solely devoted to the proper names of Theravada tradition. It is available as printed version from the Pali Text Society. However, you can check online for free http://www.palikanon.com/english/pali_names/dic_idx.html

Sanskrit-English Dictionary edited by Monier Williams. Free. This is the largest dictionary for Sanskrit studies at the moment. You can check online at <http://students.washington.edu/prem/mw/mw.html>

The Korean Buddhist Canon: A Descriptive Catalogue. [compiled by] Lewis R. Lancaster in collaboration with Sung-bae Park, Berkeley: University of California Press, 1979. This is a catalogue of Mahayana Buddhist Sutras in Sanskrit together with Tibetan and Chinese translation. It also lists the translators and date of Chinese translation. If you know the title of a sutra in Chinese, but you don't know how to translate it into Sanskrit, then you can find it in this catalogue. A Hardcopy can be found in HKU Library [XR 016.294382 L2](#) The electronic version can be found at: http://www.acmuller.net/descriptive_catalogue/ Free. You can download the entire web version.

2) Encyclopaedia

Encyclopaedia of Buddhism, eds., Robert E. Buswell, Jr., Ed. New York: Macmillan Reference USA, 2003. 982 pp. 2 vols. This encyclopedia describes the Buddhist world view, basic teachings and practices of Buddhism, as well as its different schools and sects. This *Encyclopedia* needs subscription, so *use it through HKU Electronic Recourses*.

Encyclopedia of Religion. Lindsay Jones, Ed. 2nd ed. Detroit: Macmillan Reference USA, 2005. 10735 pp. 15 vols. This *Encyclopedia* needs subscription, so *use it through HKU Electronic Recourses*.

Encyclopedia of Philosophy. Donald M. Borchert, Ed. 2nd ed. Vol. 1. Detroit: Macmillan Reference

USA, 2006. This *Encyclopedia* needs subscription, so use it through HKU Electronic Recourses.

Routledge Encyclopaedia of philosophy [electronic resource]. Edward Craig, ed. London: Routledge. Contains over 2,000 state-of-the-art articles, covering a broad range of topics in the philosophical canon, as well as philosophy from all continents and all periods. Includes fast and flexible searching capability, over 25,000 cross-reference hyperlinks and other features. This *Encyclopedia* needs subscription, so use it through HKU Electronic Recourses.

Encyclopedia of religion and ethics. edited by James Hastings, with the assistance of John A. Selbie and other scholars. Edinburgh: T. & T. Clark, 1908-21. 12 Vols. [R 203 E56 e](#)

Encyclopedia Britannica Online. This *Encyclopedia* needs subscription, so use it through HKU Electronic Recourses. <http://search.eb.com/>

Stanford Encyclopaedia of Philosophy. Free, it contains a large number of papers in Buddhist and Confucian studies. <http://plato.stanford.edu/>

The Internet Encyclopaedia of Philosophy. Free it contains a large number of papers in Buddhist and Confucian studies. <http://www.iep.utm.edu/>

3) Journals

Journal of Happiness Studies. Please logon to HKU library Electronic Resources and find this journal. <http://link.springer.com.eproxy2.lib.hku.hk/journal/10902>

Journal of Philosophy of Life. Published by Waseda University in Japan. The aim of this journal is to promote international dialogue on the philosophy of life. It features original, full-length papers as well as research reports and other relevant materials. Every paper in the journal is published in PDF format and is freely downloadable from this website, the repository of Waseda University, and/or the repository of Osaka Prefecture University (OPERA). This journal is a member of the Directory of Open Access Journals (DOAJ) and Philosophical Research Online (philpapers). <http://www.philosophyoflife.org/>

Journal of Buddhist Ethics. Free. This is a web based academic journal for free distribution. Web address: <http://blogs.dickinson.edu/buddhistethics/category/volume-22-2015/>

Journal of the International Association for Buddhist Studies. This is the largest and best journal for Buddhist Studies. You can access and download papers older than five years, **free**. <https://journals.ub.uni-heidelberg.de/index.php/jiabs/issue/archive> HKU holdings: S 294.305 I6 A8

Journal of Global Buddhism. Free. This is a web based academic journal for free distribution. <http://www.globalbuddhism.org/dig.html>

Japanese Journal of Religious Studies. Free academic journal dedicated to Japanese religions including Buddhism.

http://www.ic.nanzan-u.ac.jp/SHUBUNKEN/publications/jjrs/jjrs_cumulative_list.htm

Asia Major. Academic Journal dedicated for the Asian study. All past papers are freely downloadable. <http://www.ihp.sinica.edu.tw/~asiamajor/>

Journal Asiatique. Free. This academic journal is published in Paris for Asian studies.

<http://poj.peeters-leuven.be/content.php?url=journal.php&code=JA>

Buddhist Studies Review. Published twice a year by the UK Association for Buddhist Studies, started from 1984. Both printed and electronic versions are available from HKU Library, the electronic version is gradually uploaded to the web. Now the Journal is free for download from 1983-2005.

<http://www.ukabs.org.uk/ukabs/resources/journal-archives/buddhist-studies-review-vols-1-22/>

You can also get it from HKUL Catalogue: [294.3 B927 S9](#)

The Eastern Buddhist. HKU Library. Published twice a year by the Eastern Buddhist Society in Kyoto, Japan, started from 1965. S [294.3 E13 B9](#)

Contemporary Buddhism. HKU Library. Published twice a year, Richmond, England: Curzon, c2000- S [294.3 C761 B](#)

Buddhist-Christian Studies. HKU Library. Published once a year **Publisher:** University of Hawai'i Press started 1981.

4) Website Recourses

Accesstoinsight. Free. This is a website entirely dedicated to the teaching of Theravada Buddhism including the Pali Canon, Theravada text archive and sources. Most of the Pali texts are translated into English for free distribution. Website address: www.accesstoinsight.org/

Buddhist Publication Society. Free. This is an organization in Sri Lanka devoted to the publication of Theravada Buddhist Books and some of them are for free distribution. So you can download them for your own use. The *Wheel Publication Series* and *Bodhi Leaf Series* are scholarly studies of Theravada Buddhism. Please follow the link and visit Online Library <http://www.bps.lk/>

Buddhist Digital Library and Museum. Free. There is a good collection of academic articles some with full texts in both Chinese and English. It is a good place to relevant academic articles for your study. Website address: <http://ccbs.ntu.edu.tw/DBLM/index.htm> please go to database.

JSTOR The Scholarly Journal Archive. This *Archive* needs subscription, so *use it through HKU Electronic Recourses.* <http://www.jstor.org/jstor>

NII Scholarly and Academic Information Navigator. Mostly Free. The National Institute of

Informatics (Japan) has incorporated approximately 2.8 million full text articles (PDF) in NII-ELS, from [1,000 published academic journals](#). Currently NII has obtained permission of [271 academic societies](#). NII-ELS also provides full text (PDF) of [Research Bulletins of Japanese universities](#). All of the full text articles incorporated in NII-ELS are available through CiNii along with bibliographical information on other academic papers.

Taisho Edition of Chinese Tripitaka. Free. If you can read classical Chinese and wish to refer to the original Chinese texts, please visit <http://www.cbeta.org/index.htm>. This website includes volumes 1-55 & 85 of *Taisho Edition of Chinese Tripitaka*.

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