

Prof. Kerzin, M.D., is a former Assistant Professor of Medicine at the University of Washington, a Visiting Professor at Central University of Tibetan Studies in Varanasi, India, and a visiting professor at Hong Kong University (HKU) in 2014 and 2015. He has been appointed an Honorary Professor at the University of Hong Kong in 2015. Barry has been a faculty member of Mind and Life Institute and consults for the Max Planck Institute in Leipzig on compassion training.

He is founder and president of the Altruism in Medicine Institute – <http://altruismmedicine.org/> And the founder and chairman of the Human Values Institute in Japan – <http://humanvaluesinstitute.org/>

For 26 years he has been providing free medical care to those in need. He also provides medical care to His Holiness the Dalai Lama and other advanced spiritual beings. Barry has completed many meditation retreats varying from a three-year retreat to a one-year retreat to many several month retreats. He also leads meditation retreats. His brain was studied both at Princeton University and the University of Wisconsin, Madison as a long-term meditator. Barry was ordained as a bikshu (fully ordained monk) by His Holiness the Dalai Lama in Bodh Gaya, India. He combines his work as a monk and doctor, harmonizing mind and body.

He lectures on the interface of modern science and Buddhist psychology and philosophy, ethics, compassion, emotional hygiene (managing destructive emotions like anger, jealousy, and pride), meditation, and death and dying, in medical schools and universities around the world particularly in Hong Kong, Taiwan, Korea, Japan, Russia, Mongolia, Europe, and North America on a regular basis. Dr. Kerzin delivered a TEDx talk in Philadelphia, and one in Taipei. In June 2014 he presented a keynote address to the 10<sup>th</sup> Annual Grief and Bereavement Conference held in Hong Kong at the Hong Kong University. In April 2015 he will address the Oxford Said Business School as part of a Skoll International Forum. In June 2015 Prof. Kerzin will present a medical grand rounds lecture on compassion to the Stanford Medical School.

He has written *Tibetan Buddhist Prescription for Happiness* in Japanese, which is being translated into English and Chinese. He is nearly to publish, *Nagarjuna's Wisdom*. Barry has written many chapters for a variety of books. Many interviews, radio programs, TV programs and documentaries have been made about him in many different countries.

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