

Ethnographic Exploration Programme
Field Trip to Shangri-la in Yunnan, China

Tentative Programme

Day	Date	Programme
1	9 Mar (Mon)	<ul style="list-style-type: none"> • Flight from HK to Shangrila • Check-in to CERS Shangrila Centre; site familiarisation & acclimatisation
2	10 Mar (Tue)	<p>Ethnographic Immersion & Ecological Exploration</p> <ul style="list-style-type: none"> • Guided tour of the CERS Shangrila Centre's ethnographic and exploration galleries, introducing students to curated artefacts, Bield journals, and expedition archives that reflect the cultural and ecological diversity of the region • Field visit to the Napa Wetland, a critical habitat for migratory birds and local biodiversity, to observe and reflect on the intersection of ecological conservation and community land use
3-4	11-12 Mar (Wed-Thu)	<p>Cultural Heritage Conservation Field Trip</p> <ul style="list-style-type: none"> • Visit to the Bodhidharma Cave Meditation House to explore Tibetan Buddhist practices and sacred landscapes • Engagement with Lisu Heritage Village, documenting vernacular architecture, wildlife conservation, and the interface of cultural and nature preservation • Field visit to Dongzhulin Nunnery, focusing on gendered religious spaces and monastic life to understand cultural continuity, spiritual ecology, and local governance
5-6	13-14 Mar (Fri-Sat)	<p>Artefact Study & Documentation</p> <ul style="list-style-type: none"> • Hands-on study of Tibetan yak herding cultural artefacts as well as the rare collection of ritual objects
7	15 Mar (Sun)	<p>Cultural Landscape of Shangrila</p> <ul style="list-style-type: none"> • Visit to Ganden Sumtsenling Monastery, the largest Tibetan Buddhist monastery in Yunnan, and the ancient town of Dukezong, engaging in place-based ethnography, heritage tourism, and community resilience
8	16 Mar (Mon)	<ul style="list-style-type: none"> • Flight from Shangrila to HK

The above programme is tentative and may be revised based on circumstances without prior notice.