

**Centre of Buddhist Studies
The University of Hong Kong
Master of Buddhist Counselling 2026-2027
Important Notes for Course Selection**

All courses are offered on credit basis. Candidates have to complete a total of 63 credits for graduation. Candidates must complete THREE compulsory core courses (9 credits each), FOUR elective courses (24 credits in total), and the Capstone Experience (12 credits).

Compulsory core courses and elective courses

1. Please refer to the [dates of semester](#) for the course enrollment period, add/drop period, and assessment period. The finalized examination timetable will be available online in November 2026 and April 2027.
2. During the course enrollment period and add/drop period, students can attend ANY classes without registration (except for BSTC7611). To finalize course selection, please complete online course selection by the deadline. Please enroll in courses for both 1st and 2nd semesters (recommended). For enrollment method of BSTC7611, please refer to No. 7.
3. Please log in [HKU Portal](#) to access the online course selection system. Please visit here for the [user guide](#). New students must complete **Master Registration** before performing online course selection.
4. Part-time students are highly recommended to **take compulsory core courses in Year 1** to lay a solid foundation for enrolling in other elective courses and the Capstone Experience in their final year.

5. Students admitted in 2025-26 or before should only choose below courses as compulsory courses:

BSTC7600 Theories and practice in Buddhist counselling
BSTC7601 Theories and practice in Buddhist counselling II
BSTC7602 Spiritual formation through contemplative practices

Also, the below core/elective courses are **NOT available** to these students:

BSTC7612 Foundational Buddhism for counselling
BSTC7614 Note, Know, Choose: An early Buddhist teachings-based intervention

Please refer to the [relevant syllabus](#) provided on course website.

6. Students newly admitted in 2026 should only choose below courses as compulsory courses:

BSTC7600 Theories and practice in Buddhist counselling
BSTC7602 Spiritual formation through contemplative practices
BSTC7612 Foundational Buddhism for counselling

The below core course is **NOT available** to these students:

BSTC7601 Theories and practice in Buddhist counselling II

Please refer to the [2026-27 syllabus](#) provided on course website.

7. There is class size quota for *BSTC7611 Group work in Buddhist and traditional counselling* (maximum intake: **16**). Please refer to [Annex I](#) for details.
8. Students from the MBC programme will be provided with options to select a maximum of one elective course from the Master of Social Sciences (Counselling) programme during the whole period of study. Enrollment is subject to the availability of quota of the cross-listed courses and the approval from both departments. More details will be announced in September 2026.

Capstone Experience

9. The capstone experience is compulsory and is designed for the students to demonstrate their competencies as a Buddhist counsellor while participating in a single original supervised project of the student's choice. Please note that only full-time students and Part-time final year students can enrol in BSTC8998 Capstone Experience in semester 2. For the enrollment method, please refer to No. 3.
10. Options of Capstone Experience are listed as follows:
 - i. Option A: Contemplative and religious practices in Buddhism
 - ii. Option B: A self-contemplative and reflective autobiography
 - iii. Option C: Buddhist homiletics
 - iv. Option D: Buddhist counselling case study
11. Submission of the Capstone Experience project should be done by xxx (to be updated) in the final year of study.
12. All Full-time and Part-time final year students must submit the "MBC Capstone Experience Proposal Form" by November 1, 2026. Both hard and soft copies are required:
 - Hard copy shall be submitted to the assignment dropbox at our Centre (please put into the box of 'MBC Capstone Experience') outside Room 4.02, 4/F, The Jockey Club Tower, Centennial Campus.
 - Soft copy shall be uploaded to the course Moodle of BSTC8998 Capstone Experience
13. More information will be provided in the workshop on Capstone Experience on Sept 5, 2026 (Sat), 10:00 am-12:00 nn. Details will be announced in August.
14. For enquires about capstone experience, please send email to mbccap@hku.hk.

Other useful information

15. Please visit [here](#) to view the MBC distinction requirement.
16. Please visit [here](#) for more information about assessment, examination and award of distinction.
17. Please visit [here](#) for more information on Plagiarism.
18. Please visit [here](#) for information on recording attendance via the "HKU App".
19. Please visit [here](#) for arrangements for HKU Students during bad weather.
20. Students have the responsibility to check their course enrollment records via HKU Portal to make sure they have fulfilled the graduation requirements according to the regulations and syllabuses of the programme in their final year of study. They are advised to check the online enrollment record regularly.
(How to check enrolment record: HKU Portal---My Page---Enrollment---Enrollment Status)
21. Selection of courses should be made as prescribed in the regulations and syllabuses of the programme. Request, if any, for selecting course(s) not in accordance with the regulations and syllabuses should be put forward in writing, via the MBC Programme Chairman, to the Higher Arts Degrees Committee and the Faculty Board for approval.
22. For other enquiries about course selection, please contact us at 3917-5075, or email to hkumbc@hku.hk.

Course	BSTC7611 Group work in Buddhist and traditional counselling
<i>First day of class</i>	Sept 1, 2026 (Tue)
<i>Enrollment method</i>	If you are interested in taking this course, please email to hkumbc@hku.hk by <u>September 6, 2026 (Sun)</u> and provide the following information: 1. Name 2. University no. 3. Mode of Study: FT/PT (<i>please specify Year 1 or 2 if 'PT'</i>) 4. Course code and title 5. Email address
<i>Criteria</i>	As advised by the course teacher, students 1. must attend the first class on Sept 1, 2026; 2. need to attend a minimum of 80% of all lectures
<i>Ballot system</i>	- If the course is over-subscribed, the places will be allocated by ballot system - Priority will be given to the following groups: Full-time, Part-time Year 2 and final year students.
<i>Result</i>	- Students will be notified of their results via email on or before <u>6:30 pm, September 7, 2026 (Mon)</u>. - Those who do not get a place will be put on the waiting list.
<i>Confirmation of Enrollment</i>	- Students on the waiting list will be notified on or before <u>6:30 pm, September 11, 2026 (Fri)</u> if place is available for them.
<i>Remarks</i>	- No sit-in student is allowed for the course after Sept 8, 2026.